



WELCOME TO: Improving Student Performance with Self-Esteem Raising Techniques
Instructor: Gayle Smith

Week 1				
Essential Questions	Do you systematically recognize improvement in the performance of your students?			
Outcome	Assignment	Assessment	NYS Learning Standards	Seat Time
To recognize correlations between student performance and self-esteem in the classroom.				
Objective 1 Teachers will become familiar with the goals, objectives and procedures of this course.	1. Introduce yourself to the online class. Post your name, school, grade, type of program you follow and your expectations for this course. 2. Read the road map and policies for this course from the OLA Catalog. 3. Describe what adjustments, time lines or restrictions you will have to make in order to meet the requirements for this course.	1. Post your assignment answers and confirm that you have read and understand the road map and policies for this course. 2. Read the postings of your classmates and identify and record those within your same grade and program type for later use.	N/A	30 minutes
Objective 2 Teachers will assess the performance levels in the classroom.	Prepare a brief informal assessment of your class. Target those areas (select 3) most important to the functioning of your class.		N/A	30 minutes
Objective 3 Teachers will determine self-esteem indicators in the classroom.	1. Conduct the activity, "What Is Self-esteem" with your students. 2. Observe student reactions, their response from the activity and record their apparent self-esteem traits.	Utilizing the information gained from the activities, complete the attached self-esteem class profile sheet, post results (no identification information on the activity should be included.)	ELA Standard 1,3,4 Students will listen, speak, read, and write in English for: information and understanding, critical analysis and evaluation, classroom and social interaction.	1 hour
Week 2				
Essential Questions	Do you systematically recognize improvement in the performance of your students?			
Outcome	Assignment	Assessment	NYS Learning	Seat
Teachers examine				

the classroom environment, (objectives, rules, materials, routines, schedules,) for a sense of community, its learning components, and regular opportunities for on-purpose activity.			Standards	Time
Objective 1 Teachers will interrupt data to contrast their beliefs, attitudes and methods for the classroom.	1. Browse articles on classroom instruction methods, the differentiated classroom, and a questioning toolbox. 2. Choose one article to read and react to in the cyber café. Then also post to forum one question of someone in your same grade or program group about something that you agreed or disagreed strongly about in the reading.	Do an informal (FYI) check list of those details you've reviewed in contrast to what you already use in your classroom.	N/A	1 hour 30 minutes
Week 3				
Essential Questions	How do you motivate your students to participate in learning?			
Outcome To determine connections between motivation, techniques, and student performance outcomes.	Assignment	Assessment	NYS Learning Standards	Seat Time
Objective 1 Teachers will select strategies to effect change in the self-esteem class profile.	Read as much of Defining The Instructional Framework you deem necessary to gain insight for the 3 areas of concentration you have chosen to work on in your class. Outline the types of strategies you already use and record those you'd consider using to assist in this self-esteem raising process.	1. Complete the self analysis classroom management styles worksheet with the routines and procedures that you already use. 2. Complete the classroom structure analysis worksheet provided with the methods that seem to support, hinder or have	N/A	1 hour 30 minutes

		no effect on student performance.		
Week 4				
Essential Questions	Does your classroom (objectives, materials, routines, schedules, rules) create: a sense of community, a learning environment, and opportunities for purpose?			
Outcome To examine the classroom environment.	Assignment	Assessment	NYS Learning Standards	Seat Time
Objective 1 Teachers will formulate a system of operating procedures that considers "student profiles" in their own classroom environments.	<p>1. Download and complete the "Proposal for Improved Classroom Environments" form.</p> <p>2. Next, download "Self-esteem Activities and Concepts" and "Ten Activities to Improve Students' Self-Concepts" lists. Then select 4 activities recording them on the "activity selection sheet".</p> <p>3. In your lesson plans for the next week include these 4 activities (estimated total time about three hours of procedures) as operation enhancements for your classroom. These procedures (about 40 to 45 minutes per selection) are to be included anyway you choose within your next week's lesson plan.</p>	Proposal of 3 areas of concentration with concepts, methods or strategies from the reading that you feel emphasize student profiles.	N/A	2 hours 30 minutes
Week 5				
Essential Questions	Does your classroom (objectives, materials, routines, schedules, rules) create: a sense of community, a learning environment, and opportunities for purpose?			
Outcome To build a relationship between "student profiles" and the classroom environment.	Assignment	Assessment	NYS Learning Standards	Seat Time

<p>Objective 1 To implement self-esteem strategies, techniques and standards in the classroom that promotes student profiles to enhance learning opportunities.</p>	<p>(1) Document your process by submitting an on-line journal entry for each day.</p> <p>(2) Post one question or observation about your process for a classmate to respond to in the cyber café, and then respond to someone else's post.</p>	<p>1. Explain how your choices were or were not best suited for your environment.</p> <p>2. Establish on line communication with classmates to share experiences.</p>	<p>ELA Standard 1,3,4 Students will listen, speak, read, and write in English for: information and understanding, critical analysis and evaluation, classroom and social interaction,</p> <p>Visual Arts Standard 1 Students will use a variety of art materials, processes, mediums, and techniques, and use appropriate technologies- for creating and exhibiting visual art works; develop their own ideas and images through the exploration and creation of art works based on themes, symbols, and events.</p>	<p>4 hours of classroom work 1 hour on line</p>
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Week 6

Essential Questions What strategies, techniques or standards do you use that give consideration of "student profiles" for operations or functions in your classroom?

<p>Outcome Teachers will recognize how a self esteem plan can make a difference in their student's performance.</p>	<p>Assignment</p>	<p>Assessment</p>	<p>NYS Learning Standards</p>	<p>Seat Time</p>
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<p>Objective 1 To determine changes in student performance based on the self-esteem strategies, techniques and standards used in the classroom to promote student profiles.</p>	<p>Download the Evaluation and Culmination Worksheet; fill in the details on how the activities addressed the purpose for your classroom. Part 1 of the evaluation is based on the Management and Instructional Strategies, Techniques or Standards Used in your proposal. Part 2 of the evaluation is based on the Self esteem Activities you used in your proposal.</p>	<p>Evaluation of the strengths and or weaknesses of how increasing self-esteem created greater performance.</p>	<p>N/A</p>	<p>1 hour 30 minutes</p>
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Week 7

Course Evaluation	<p>1. Complete the instructor evaluation form of the strengths and or weaknesses in how increasing self-esteem created greater performance in your classroom after the course. Complete the OLA evaluation form.</p> <p>2. Post in the forum listed below (your most important result), read someone else's post and respond to one or more posts.</p> <p>Credit for the Course</p> <p>All assignments and evaluations must be completed as stated by the due date (review course policies.) The list for course credit will be submitted on the last day of class.</p> <p><i>Best Wishes for the conclusion of the school year have a great new year in 2010!</i></p>	Seat Time 1 hour
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